

Nutritious Thoughts Outpatient Registered Dietitian

Full-Time Outpatient Registered Dietitian Position Details:

Reports To: Clinical Supervisor

Safety Designation: Not Safety Sensitive

FLSA Status: Non Exempt (Eligible for Overtime)

Supervisory: No

Pay Range: \$29.00-\$31.00 per hour with additional benefits and annual raise opportunity

Locations: Cary, Asheville, Boone, and Hendersonville, North Carolina

Employees must reside in the state of North Carolina.

Job Summary: The Registered Dietitian plays a crucial role in supporting individuals by providing in-depth nutrition assessments and personalized nutritional counseling. The Registered Dietitian will provide relational care to support each client. This role is responsible for managing a full-time caseload of clients in an outpatient setting.

Essential Functions and Responsibilities

- Conduct in-depth nutrition assessment for each client
- Develop customized treatment plans based on individuals' goals, taking into account the clients' health conditions, relationship with food and body, budget, and personal preferences
- Provide individual and family nutrition education and counseling sessions as needed
- Monitor clients' progress and make necessary adjustments to their treatment plan to support their journey
- Collaboration with clients' team to integrate nutrition care into overall client treatment plans
- Maintain detailed and timely documentation, including nutrition assessments, treatment plans, and progress notes



EMPOWER. NOURISH. HEAL

Phone: (828) 333-0096

Web: Nutritious-thoughts.com

Virtual across the state of NC

Locations in Asheville, Boone, Cary, Hendersonville, NC

- Stay informed of the latest research and developments in the field of nutrition science to ensure the provision of evidence-based care
- Participate in company meetings and training sessions as required
- Lead one clinical training session per year
- Adhere to regulatory requirements, including, but not limited to, continuing education, HIPAA privacy, licensure laws, etc.
- Follow Company Policies and Procedures, including communication response times
- Endeavor to meet and maintain company job requirements, including productivity, client retention, meeting attendance, etc.
- Assist with onboarding and development of newly hired dietitians and clinical interns by inviting them to shadow clinical sessions and provide general support and encouragement

Essential Skills

- Ability to work autonomously and as part of a team
- Excellent communication skills, both verbal and written
- Ability to develop rapport with clients on an individual basis through a relational care model
- Strong presentation skills and comfortability providing group and classroom-style education/sessions
- Time management and organization
- Proficient in use of Google Workspace, Zoom, Electronic Medical/Health Records, and other platforms

Qualifications

- Registered with the Commission on Dietetic Registration (CDR), Active and in good standing
- North Carolina State Licensure, Active and in good standing
 - One year of clinical experience in a setting serving a similar clientele, preferred
- Eligible for or already paneled with commercial insurance providers



EMPOWER. NOURISH. HEAL

Phone: (828) 333-0096

Web: Nutritious-thoughts.com

Virtual across the state of NC

Locations in Asheville, Boone, Cary, Hendersonville, NC

Schedule Requirements

- Team members have flexibility in their schedules with the expectation they are meeting the job requirements
 - Some choose to work evenings/weekends to meet client and personal needs
 - Full Time position requires 18–25 hours of completed client sessions per week with a total of 30-40 work hours per week

Physical Requirements

- Position is mostly sedentary with regular need to traverse throughout the office
- Occasional need to lift and carry up to 25 pounds

Benefits

- *Supportive team environment with like-minded clinicians*
 - *Clinical Supervision: Individual and Group*
 - *In-house Trainings (Provides up to 20 RD CE hours per year)*
 - *Continuing Education Opportunities*
- *Administrative Support*
- *Paid Time Off*
- *Retirement account with up to 3% company matching*
- *Annual state licensure and annual Commission on Dietetic Registration (CDR)*
- *Medical Benefits offered*
- *Liability insurance*



EMPOWER. NOURISH. HEAL

Phone: (828) 333-0096

Web: Nutritious-thoughts.com

Virtual across the state of NC

Locations in Asheville, Boone, Cary, Hendersonville, NC